What should I do if...

I am not symptomatic, but I have been in close contact with someone....

Who has tested positive for COVID-19?

Who is sick/symptomatic and is being tested for COVID-19?

Who might have been exposed but does not have symptoms?

Who has been in close contact with someone ELSE who might have been exposed?

Quarantine and **Self Monitor** for 14 days from date of last exposure

Self-monitor and practice **social distancing**

<table>
<thead>
<tr>
<th><strong>Self Monitoring:</strong></th>
<th><strong>Close Contact:</strong></th>
<th><strong>Social Distancing:</strong></th>
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</thead>
<tbody>
<tr>
<td>Check temperature twice a day watching for 100.4 drees or higher</td>
<td>Less than 6 feet for more than 15 minutes regardless of masking you or your contact.</td>
<td>Staying at least 6 feet away (2 arms' length) from people who are not from your household in <strong>both</strong> indoor and outdoor spaces.</td>
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