

Kashia Newsletter

Nov/Dec 2023



**Kashia Band of
Pomo Indians
of Stewarts
Point
Rancheria**

Table of Contents

General Announcements Pg. 2

Upcoming Events Pg. 3

Department Updates Pg. 4 to 10

Upcoming Calendars Pg. 11 to 12

Contact Page Pg. 13-14



Upcoming Events



**NIGHT OUT
AT THE MUSEUM**

**AN EVENING OF
NATIVE AMERICAN FLUTE
WITH AL STRIPLEN**

Saturday January 20th
7:00pm
Doors open at 6:30pm
Free Admission

Maidu Museum & Historic Site INSTITUTE of Museum—Library SERVICES CITY OF ROSEVILLE CALIFORNIA Parks, Recreation & Libraries



SONOMA COUNTY INDIAN HEALTH PROJECT, INC.

Family Fun Night

DINNER - RAFFLES - CRAFTS & ACTIVITIES

FRIDAY, FEBRUARY 23, 2024
5:30PM-7:30PM

SCIHP COMMUNITY ROOM
144 STONY POINT ROAD
SANTA ROSA

FOR MORE INFORMATION CONTACT THE AUNTIES & UNCLES PROGRAM:
EMAIL: AUPEVENTS@SCIHP.ORG
OR CALL CAROLYN AT (707) 521-4559



MULTICULTURAL MUSEUM
SANTA ROSA JUNIOR COLLEGE

November 3rd, 2023
through
January 26th, 2024

ROLES, RULES, & RESPONSIBILITY:
NORTHERN CALIFORNIA
TWO-SPIRIT WEAVERS

Opening Reception
Friday, November 3rd,
4:00 pm - 6:00 pm




Augustine Granados-Young,
Mountain Maidu Silver Galletto,
Pomo / Coast Miwok Jarred Lincoln-Stremberg,
Karuk / Shasta

These events are shared for all tribal members to attend!




Upcoming Events



SONOMA COUNTY INDIAN HEALTH PROJECT, INC.

NATIVE YOUTH TALKING CIRCLE

FOR AGES 12-24



EVERY 1ST & 3RD MONDAY
6:00PM-7:00PM
ON ZOOM
BEGINNING JANUARY 16, 2023

To sign-up please contact the Aunty & Uncles Program:
Email: AUPEVENTS@SCIHP.org or call Carolyn at (707) 521-4559

These events are shared for all tribal members to attend!



Department Announcements

Department Services

Housing Authority:

BIA Housing Improvement Program, Rental Assistance, Temporary Housing & Emergency Rental Assistance Program. For information please contact the Housing Authority at 707-591-0580 x 106.

Education Department:

Higher Education / Vocational Training & Direct Employment

Kashia Youth Services:

School Uniforms/ Grade Incentives & Sports Registration. For more information please contact the front desk reception at 707-591-0580 x 101

Cultural Resources Department:

Every two weeks The Cultural Resources Department holds a Kashia Language learning class from 6pm-8pm. Contact Anthony Macias at anthony@stewartspoint.org or 707.591.0580 x 105 for more information.



General Announcements

Department Services

Member Services:

NEW! We are pleased to announce the Tribal Assistance Nutrition Program (TNAP) for low-income tribal members age 18 and over, in the Sonoma, Lake, Mendocino and Napa County service area. Applications can be accessed on the website, picked up at the tribal office or emailed.

Open Enrollment is January 1 to March 31, 2024. Applications can be accessed on the website, picked up at the tribal office or emailed.

For a full description of what is available under our Member Services Program, or more information on services, please contact Naomi Atchley at naomi@stewartspoint.org or 707-591-0580 x 124.

General Welfare Assistance Distribution: (formally known as per cap will be mailed out by the 15th of every quarter; February 15, May 15, August 15, and November 15.) Please make sure your address and contact information is up to date with the Tribal Office. You can find the forms on our website: www.stewartspoint.org



Cultural Department



Hannah Banuelos

CRIHB National Luna Wessel Award Was presented to our Kashia Elders Hannah Banuelos and Lester Pinola in Portland Oregon on October 19, 2023 for their work as tribal elders who seek improvement for Native American Health.



Cultural Department



November 14th, 2023 Tribal Historical Preservation Officer, Anthony Macias attended the Gleason Beach Ribbon cutting ceremony along with Kashia Elder Robert Smith.

Gleason Beach lies along the Sonoma coastline, midway between the community of Bodega Bay and the Russian River, where State Route or Highway 1 travels along the bluffs overlooking the Pacific Ocean. Coastal erosion resulting from factors such as wave action, sea level rise, surface water runoff from surrounding land uses, and groundwater intrusion have contributed to rapid bluff erosion over the last few decades.

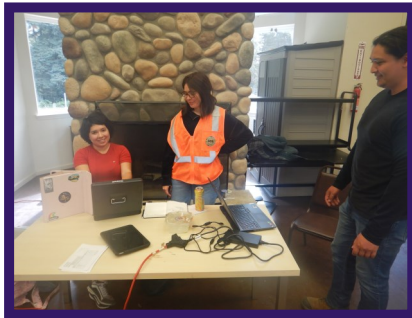


Caltrans is realigning a half-mile stretch of Highway 1 up to 400 feet east of the current alignment. The current highway will be repurposed to become a portion of the California Coastal Trail, and parking spaces will be provided to maintain and improve public access to the beach. Additionally, the existing culvert over Scotty Creek will be removed. The culvert currently poses a barrier to the migration of state and federally listed anadromous salmon and steelhead. Scotty Creek will be daylighted at the mouth of the creek and restoration efforts will be conducted to improve the riparian habitat along Scotty Creek. The Gleason Beach Project will contribute to maintaining a safe and resilient Highway 1 for future generations.



Environmental Planning Department

From November 2nd to the 4th, KDEP conducted a CRV recycling, tire recycling and an electronic waste (E-waste) collection event. We were able to recover: approximately 794 lbs. of cans & bottles, a total of 28 tires, and a few e-waste items! We are happy with the results of the event and hope to support tribal members with more recycling events in the future. If you have any questions about recycling products or general disposal management, you can reach out to: helen@stewartspoint.org



CRV Materials	Aluminum Cans	Plastic Bottles	Glass Bottles
Day 1	105.51 lb	72.15 lb	2 bottles
Day 2	149.35 lb	218.95 lb	0 lb
Day 3	121.7 lb	88.7lb	37.35 lb



Human Resources Department

New Staff



Aaron Want
Broadband Outreach Coordi-

Hello everyone, my name is Aaron Want. I am the oldest son of Mary Lopez and Alex Lopez. I have two brothers, Rodrick Lopez, and Darren Lopez. I have three beautiful daughters Rebecca, Sierra and Layla Want. My previous job was with Sonoma County Indian Health Project for 3 years and I worked for River Rock Casino prior to that for 11 years. My title is the Broadband Outreach Coordinator and I look forward to collaborating with the Tribal Elders to help them use the internet to their advantage.



Brian Wall
Abalone Aquaculture Techni-
cian

Hi everyone, my name is Brian Wall. I grew up in Rohnert Park and I am the youngest of five children. I am very passionate about marine biology and love learning about all things marine science related. I enjoy scuba diving for recreation and survey purposes. I plan to support sea urchin removal projects in the future. Sustainable living is a big part of my life and I incorporate it as much as possible including E-biking to commute as much as possible, cooking with local ingredients, and practicing zero waste/leave no trace behind habits. I enjoy outdoor activities such as snowboarding, backpacking, hiking, paddle boarding, and many more! I am also a drummer, DJ, and light designer. I enjoy nature photography and videography as well.



Human Resources Department

New Staff



Elizabeth Elliot
Housing Director

My name is Elizabeth Elliott and I am thrilled to be joining your housing team. With five years of extensive Tribal housing experience, I bring knowledge and skills to the table. Throughout my career, I have been involved in various aspects of Tribal housing, ranging from maintenance and rehabilitation to housing recertification, grant reporting, resident empowerment, housing development, and proposal writing. I am honored to be serving a historic tribe and I am excited to bring my expertise to contribute to the continued progression of your housing programs. I am looking forward to working with each one of you and collectively to strive to meet the needs of your nation.



Theresa LaRose Ward
Receptionist

My name is Theresa LaRose Ward. I have recently gone from being a mom of two to a mom of three. I have one gorgeous son and two beautiful little girls. I have been with my husband for almost seven years and this coming April is our four-year wedding anniversary. I have always wanted to be more involved with the tribe and our people. I am excited for what the year will bring as I will be seeing so many new faces and learning so much more!



Human Resources Department

January Is Mental Wellness Month

The high rates of alcohol, substance use and mental health disorders, suicide, violence, and behavior-related morbidity and mortality in American Indian and Alaska Native communities continue to be disproportionately higher than the rest of the U.S. population. Studies show Indigenous people have disproportionately higher rates of mental health problems such as suicide, post-traumatic stress disorder, violence and substance use disorders. These high rates result in American Indian and Alaska Native people reporting serious psychological distress, 2.5 times more than the general population over a month's time. Below are key statistics defining the health disparities experienced by the American Indian and Alaska Native population.

Highest rates of suicide of any minority group within the U.S. and rates are increasing since 2003, as well as high rates of substance use disorder of both illicit drugs and alcohol use

From 2016 to 2020, they experienced alcohol-related deaths at significantly higher rates (51.9/100,000) than the rest of the U.S. population (11.7/100,000) ¹

Highest prevalence of methamphetamine use, as well as methamphetamine use disorder, methamphetamine injection, and with significant increases in methamphetamine overdose ²

In 2019 and 2020, drug overdose death rates were highest for non-Hispanic American Indian and Alaska Native people at 30.5 and 42.5 per 100,000, respectively

From 2019-2020, the American Indian and Alaska Native overdose death rates increased by 39%.

Despite the strengths of American Indian and Alaska Native (AI/AN) families and communities, suicide remains a devastating and all too frequent event. Complex, interrelated factors contribute to an increased suicide risk among AI/AN people and include mental health disorders, substance abuse, intergenerational trauma, and community-wide issues. Factors that protect AI/AN youth and young adults against suicidal behavior are a sense of belonging to one's culture, a strong tribal/spiritual bond, the opportunity to discuss problems with family or friends, feeling connected to family, and positive emotional health.

Cooperation among Tribal, Federal, and other partners is imperative to create a safety net of interconnected programming - health, education, law enforcement, public health and well-being, economic development, and physical and behavioral health - to maximize effectiveness of services and to protect individuals against suicide risk.



Human Resources Department

January Is Mental Wellness Month

Additional Resources:

<https://www.nami.org/Your-Journey/Identity-and-Cultural-Dimensions/Indigenous>

<https://www.samhsa.gov/mental-health-awareness-month>

<https://www.nativehealth.org/services/behavioral-health/>

<https://www.ihs.gov/mentalhealth/>

Addiction, Recovery Services

<https://whitebison.org/>

<https://www.scbh.com/treatment-for-native-american-substance-abuse/>

<https://ranchcreekrecovery.com/what-we-offer/native-american-treatment-centers/>

Domestic, Dating, Sexual Violence Hotline

<https://strongheartshelpline.org/>

<https://www.ihs.gov/dvpi/resources/>

<https://newsfromnativecalifornia.com/native-american-resource-list-for-domestic-violence-missing-persons-and-berevment/>

Youth Specific

<https://www.wernative.org/articles/i-strengthen-my-nation>

<https://www.healthynativeyouth.org/resources/>

<https://www.tribalyouth.org/resources/resource-library/>

<div>  January Calendar 2024  </div>						
Sunday 31	Monday 1 New Years' Day Office Closed	Tuesday 2	Wednesday 3 Economic Development Meeting 5pm	Thursday 4 Tribal Council Meeting 6pm	Friday 5	Saturday 6
7	8 Language Class 6pm	9	10	11	12	13
14	15 MLK JR Day Office Closed Governance 5:30pm	16	17 Economic Development Meeting 5pm	18 Tribal Council Meeting 6pm	19	20
21	22 Language Class 6pm	23	24	25	26	27
28	29 Governance 5:30pm	30	31 Economic Development Meeting 5pm	1 Tribal Council Meeting 6pm	2	3

Kashia Band of Pomo Indians of Stewarts Point Rancheria Tribal Office



Address:

**1420 Guerneville Road – Suite 1
Santa Rosa, CA 95403
Phone: 707.591.0580
Fax: 707.591.0583**

Office Hours:

Monday—Friday 8am-5pm. CLOSED 12pm-1pm

Administration Staff

Vaughn Pena, Tribal Administrator

vaughn@stewartspoint.org

Melissa Rogers, Executive Assistant

melissa@stewartspoint.org

Theresa LaRose Ward, Receptionist

reception@stewartspoint.org

Randy Maruffo, Water Operator

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Fred Carr, Special Project Coordinator

fred@stewartspoint.org

Naomi Atchley, Member Services Coordinator

naomi@stewartspoint.org

Mary Smith, Human Resource Generalist

mary@stewartspoint.org

Aaron Want, Broadband Outreach Coordinator

aaron@stewartspoint.org

Finance

Corey Graham, Fiscal Officer

corey@stewartspoint.org

Regina Vargas, Fiscal Assistant II

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Liz Smith, Fiscal Assistant I

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Housing Authority Department

Elizabeth Elliot, Housing Director

Angelique Lane, Housing Coordinator

angelique@stewartspoint.org

Melinda Scott, Housing Assistant

melinda@stewartspoint.org

Leticia Richardson, Housing Clerk

leticia@stewartspoint.org

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Environmental Planning Department

Nina Hapner, Director of Environmental Planning

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Abby Gomes, Environmental Specialist II

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Esther Stra, Environmental Tech

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Eva Austin, Water Quality Specialist

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Ely Scott, Environmental Data Management

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Helen Haile, Environmental Education Coordinator

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Cultural Department

Anthony Macias,
Tribal Historic Preservation Officer

anthony@stewartspoint.org

Jessica Chaves, Tribal Historic Preservation Officer Assistant

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Emergency Planning Department

Enrique Sanchez, Emergency Director

enrique@stewartspoint.org